



WORK FOR COACHING

The Work for Coaching program at Sylvia Pu Consulting aims to make [high-quality career coaching](#) accessible to job seekers who will benefit the most but may face financial barriers. It offers a unique opportunity for job seekers to exchange skills for coaching while gaining hands-on experience in areas of interest. Advanced graduate students, recent PhDs, and post-docs with financial needs are strongly encouraged to apply.

HOW IT WORKS

Job seekers participating in the Work for Coaching program will trade their work for coaching sessions on an equal-value basis. Participants can either select from an existing list of tasks or propose new ones aligned with their interests. Participants are especially encouraged to propose work ideas that will result in tangible work samples to share with potential employers.

Sample Tasks and Projects:

1. Research Assistance: Conduct market research or industry trends research to generate up-to-date insights.
2. Literature Review: Assist in gathering and summarizing relevant literature for topics broadly related to education, workforce development, and community development.
3. Marketing Support: Help develop marketing materials or create content for newsletters or blogs.
4. Administrative/Operational Tasks: Provide support with data entry and assist in documenting workflow processes.

APPLICATION PROCESS

To join the Work for Coaching program, please fill out [this form](#) to share your background, skills, and the areas you're interested in gaining experience in. Your submission will be reviewed on a rolling basis and you will receive an email to schedule a conversation. For questions, please reach out to Sylvia Pu at sylvia@sylviapu.com.